

Report for the month of August and September, 2015

It has been almost 6 months after the devastating earthquake that struck Nepal taking many lives & valuable assets. The acute relief phase of the earthquake is winding down. Many of the NGOs and INGOs inside Nepal and across the World actively involved in providing the relief materials including tents, foods, corrugated steel sheets, medicines, ORS, chlorine tabs, etc to uplift the livelihood of the people affected by the earthquake. Now, the step is to be taken towards the long term rehabilitation in the earthquake affected areas. The long term approaches includes rebuilding of infrastructures (healthcare facilities, educational institutions, houses, latrines, roads, disrupted water supply system, etc), public health approaches (assessing the epidemics, raising public health awareness, etc) psychological rehabilitation (psychological counseling, psychological awareness, etc) and institutional support (donations to the institutions working in the long term areas after the earthquake). ANMF in the past few months has been focusing in the long term approaches to bring about improvement in the life standard of the people as the earthquake has almost pushed the Nepalese health, educational & economical sector behind a decade.

Continuation of some of acute phase activities

Though the acute phase help was technically over, ANMF is still receiving requests for medicines, medical camps & logistics, etc from various earthquake affected areas. At the early stages of the earthquake the ANMF actively provided logistics in many of the earthquake affected villages and also coordinated with many of the organizations to provide relief materials.

The community medical help for the medical camps is still ongoing. ANMF supported medicines, masks and chlorine tablets for a one month medical camp at Godawari, Lalitpur in coordination with the Godavari Health post and Care and Development organization. The medical camp was very fruitful as hundreds of people benefited from that camp during the festival occasion at Godawari. Then further ANMF conducted the medical camp at Sanobharyang, Kathmandu. As a part of the acute relief ANMF dispatched tents to the Mother's group at Sanobharyang, Kathmandu.

ANMF is receiving request from the Red Cross Society in Sankhamul, Kathmandu for the gloves and masks as well as for the training related to Public health and epidemiology. In addition ANMF just received the request to provide medicines for Care and Development organization for a medical camp that is going to be held in the near future at Lalitpur vicinity.



Fig: A medical camp conducted by ANMF during the acute phase of the earthquake



Fig: ANMF volunteers with the local peoples during the medical camp at Gairibisauna, Kavre



Fig: Community medical camp during the acute phase



Fig: Community medical camp at Kavre



Fig: A mother looking happy after receiving the postpartum pack



Fig: ANMF volunteer (Marla Borkson) taking pictures with the school kids



Fig: Local villagers at Taruka, Nuwakot awaiting for the Postpartum supplies



Fig: A girl at Taruka, Nuwakot carrying the Postpartum supplies



Fig: ANMF dispatching the relief materials to the Army personnel during the acute phase which is later distributed in the earthquake affected area



Fig: ANMF distributing relief materials at Samundratar, Nuwakot



Fig: ANMF distributing commodities at Fasku VDC, Dolakha



Fig: ANMF volunteers taking the commodities in the earthquake affected area



Fig: ANMF dispatching commodities including rice, dal, oil, tents, etc at Kavre district



Fig: ANMF dispatching relief materials at Chatre deurali, Kavre

Long term activities

Health Post rebuilding

ANMF is coordinating with Ministry of Health and Population, Nepal for the reconstruction of the damaged health posts at Sindhupalchowk. Out of the 11 health posts that are to be reconstructed, the health post at Chautara is already constructed and has been handed over to the Nepal government for the continuation of health care services delivery to the peoples at Sindhupalchowk vicinity. At Bhimtar the civil work has already been completed thereby post and truss work is ongoing. At Tauthali the foundation of health post digging work has been completed and the civil work is ongoing. Both of the sites (Bhimtar and Tauthali) will be completed by late October, 2015. Further the construction work will be started at Sipa Pokhare , Sindhupalchowk vicinity. In addition, the construction work will be started at Bhotsipa, Sindhupalchowk as soon as the land will be allocated by the health post and VDC officials after

coordinating with the local people residing there. By the start of November, 2015 out of the eleven Health posts five of the health posts will be completed. Other remaining prefabricated Health post will be built simultaneously when the roads are accessible and the lands are allocated by the local officials and local peoples. The challenges have elevated due to the ongoing blockade and strikes.

Public Health

Previously ANMF actively conducted the Public Health activities at Gairi Bisauna (Kavre), Archale (Sindhupalchowk), Sallegaun (Sindhupalchowk), Taruka (Nuwakot), Pangretar (Sindhupalchowk), Kathmandu and distributed ORS and Chlorine tablets in various affected places through medical camps conducted there.

ANMF supported Dhulikhel hospital for the restoration of temporary water distribution system in earthquake affected area with regular chlorination facility. The details of the work of this Dhulikhel hospital water supply and restoration project sponsored by ANMF is given below:

The outbreaks of infectious diseases tend to arise at different times within a disaster-affected area. Particularly with the commencement of monsoon, there is high chance of outbreak of acute diarrheal disease (Cholera, Shigella, Typhoid etc). Therefore, the Outbreak Prevention and Management programs within the Department of Community Programs at DH was started in which WASH promotion, disease surveillance and outbreak response activities were conducted in outreach catchment area. The outbreak prevention squad not only gave health education and distribution of water purification aid to community but also identified need of the water distribution system restoration and installment in following area for long term improvement of health of the community. The proposed VDC are Baluwa, Bansbari/Bahunepati, Thansing, and Bolde. Thansing is one of VDC of Nuwakot district where there are 1781 household, out of which 1629 household are completely destroyed. Out of 28 water sources in VDC, 14 are completely damaged and 9 are partially damaged. Bolde Phadeche is VDC in eastern part of the Kavre with 528 households, out of which 405 are partially damaged and 95 are fully damaged. Two water tanks are partially damaged in ward no 1 and 2, water distribution system will be installed in those places. Bansbari is VDC of Sindhupalchowk with 1102 and more than 95% of household are damaged. One of the water reservoir tank was partially damaged and water reservoir will be installed in replace of the current system. The activities conducted are community coordination and management committee formation, construction site evaluation, water tank Delivery, base construction and installment of the system.

1. Community coordination and management committee formation

The management committee has been formed in Bansbari and Bolde. The coordination process is ongoing in Baluwa.

2. Construction site evaluation and design development

According to site evaluation appropriate base and pipe connection has been designed in Bansbari and Bolde VDC. In other site, evaluation will be done.

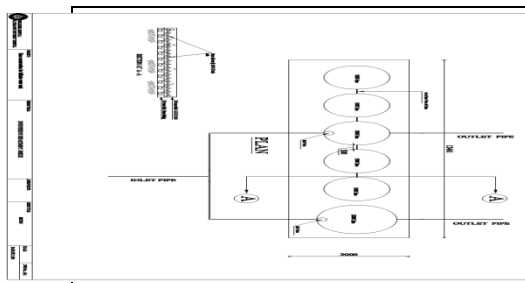



3. Water Tank Delivery


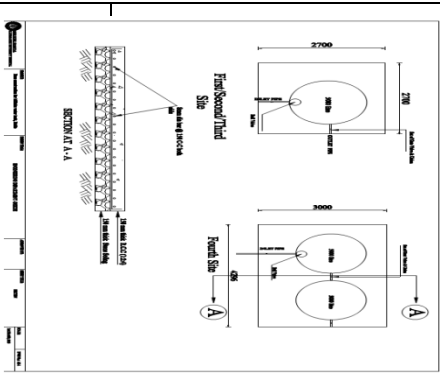
Delivery of water tank (5x5000 liters each) has been done in Bansbari and Bolde. Once the management committee will be formed in Baluwa, the process for delivery will be started.

4. Base construction and installment of pipe system

Base construction is going on the Bansbari and in the process of identifying appropriate person for construction in Bolde.

There had been few challenges like landslide in Melamchi highway, landslide on the way to Bolde, month long Madhesh andolan and now undeclared indian restriction which has decelerate the progress of work.

	
Proposed Base design example Bansbari	Labeling of earth for base Bansbari
	
Water tank delivery Bansbari	Projected source of water baluwa

	
<p>Stone pavement for base bansbari</p>	<p>Proposed design for base in Bolde</p>

ANMF collaborated with Healthy Nepal Foundation (HNF) for the construction of the water and sanitation facility at Sri Dharmodaya Secondary School, Mirkot, Gorkha.

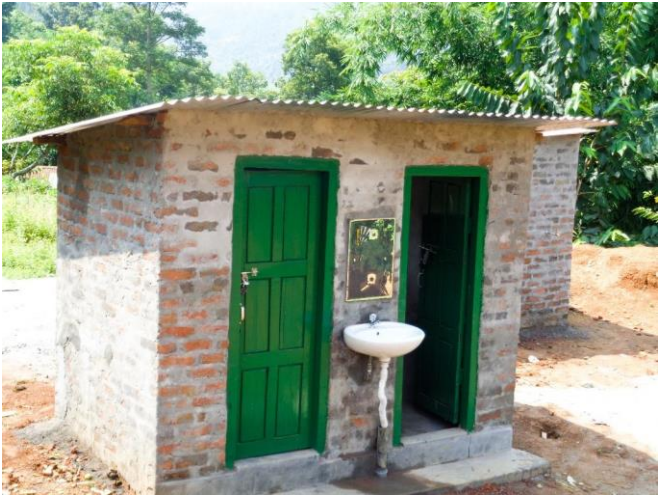


Fig: A permanent toilet that can hold around 6 people at a time



Fig: Toilets with water supply facility



Fig: Installation of water facility in front of the toilet



Fig: ANMF volunteer providing demonstration about using phenol for cleaning the toilet at Sipapokare, Sindhupalchowk.

Postpartum mothers help:

ANMF had supported the postpartum mothers and under one year children in the various earthquake affected areas from the acute phase of the earthquake.

ANMF dispatched postpartum supplies to Nauthar VDC (Lamjung) through the coordination of VDC and Mother's group associated there. ANMF is continuously receiving the requests for the School health Projects, supplies for the Post partum mothers and under one year children, constructing the disrupted water supply system for providing safe drinking water for the villagers, etc.

The details of the places, number of women and the date of the postpartum supplies is given below:

Date	Place	District	# of Women	Contact Person	Contact Number
22-May	Kadadevi-9	Ramechhap	14	Nabaraj Lama	9851027565
25-May	Melamchi	Sindhupalchowk	20	Dr. Rashmi Thapa	9841505687
29-May	Nalldum & Deupur	Kavre	25	Dr. Shankar Raj Thapalya	9860478255
30-May	Gimdi	Lalitpur	40	Dr. Jyoti Bhattarai	9841737800
1-Jun	Jyamrung-9	Dhading	30	Sarala Dhamala	9860302989
5-Jun	Chisapani	Tanahu	60	Dinesh Adhikari	9841746885
10-Jun	Manthali	Ramechhap	35	Dr. Bandan Thapa	9841309256
11-Jun	Aalebhajyang	Gorkha	35	Meena Pun	9841350946
11-Jun	Khujal-7	Gorkha	1	Uma Panta	
11-Jun	Jyamrung-9	Dhading	20	Sarala Dhamala	9860302989
19-Jun	Ghusel	Lalitpur	4	Pemba Lama	9843676509
21-Jun	Taruka	Nuwakot	10	Shaswat Acharya	9849043133
2-Jul	Khopling	Taplejung	15	Sanumaya Lama	9851057640
2-Jul	Tulsibhanjyang	Syanja	6	Umesh Bhattarai	9851141425
30-Jul	Sherabazar-2, Nauthar	Lamjung	20	Sangita Gurung	9813584226

Psychological Project

Under the leadership of Dr. Arun Kunwar, ANMF coordinated with Psychiatrists Association of Nepal (PAN) to help in mental health recovery and rehabilitation. PAN has initiated the mental health awareness and rehabilitation campaign at Gorkha district and conducted psychological counseling and awareness programs at different schools providing trainings to the teachers.

Furthermore Dr. Arun implemented the mental health awareness campaign through Radio Annapurna Pvt. Ltd focusing on the large population through mass media. Recently Dr. Arun and his team visited Lamjung, Gorkha and Kaski for enhancing mental health counseling and awareness at various earthquake affected districts.



Fig: Children during the psychological counseling program



Fig: A girl illustrating herself with a picture and a brief description.



Fig: A psychological counselor helping the student during the counseling

Institutional support

ANMF provided financial aid to different health service institution for efficient health service delivery. During the recent phase of the earthquake ANMF supported Bir Hospital, Teaching Hospital, Kirtipur Model Hospital, Bhaktapur Hospital, Sindhupalchok and Dolakha Health service centers to enhance their health service delivery in the state of emergency. Recently Furthermore ANMF has promised to support Lamjung Hospital (Lamjung) for supplementing medical and surgical supplies required in the hospital and Ampipal Hospital (Gorkha) for the construction of mortuary and pharmacy which was destroyed by the earthquake. ANMF pledges to help government hospitals, community hospitals and where needed to uplift the health care delivery system in Nepal.

Direct funding to other NGOs

Nyaya Health Dolakha(Possible): ANMF supported \$100,000 to Nyaya Health Dolakha(Possible) for rebuilding the destroyed health care centers at Dolakha district. Following the devastating earthquake, Nyaya Health Nepal signed MOU with the Ministry of Health and Population (MOHP) for rebuilding health care in Dolakha district. Based on the needs assessed

by the MOHP, Nyaya Health Nepal has committed to build 21 prefabricated health facilities (Type 2) in the District as designed and guided by MOHP. In coordination with the DHO, six sites have been selected for the first batch of reconstruction effort in Dolakha. These sites were selected based serving population. However road accessibility to the sites has also been a biggest determining factor here. Groundwork has started in Lakuridanda HP. The selected six HPs are:

1. Lakuridanda HP
2. Boch HP
3. Bhushafeda HP
4. Katakuti HP
5. Ghyangsukathokar HP
6. Lapilang HP

At Lakuridanda the level has been cleared and foundation wall has been built. The progress has recently halted as the supply of required materials to the site has been compromised owing to acute fuel shortage in the last week of September.

Youth Thinker's Society (YTS): ANMF donated \$10,000 to YTS to boost the maternal health of the lactating mother. The nutritional supplies were distributed in Alchedada, Tipling VDC, Dhading, Haku VDC, Ward No: 6,7,8,9, Rasuwa and Kavre, Budakhani VDC. 130 pregnant women and lactating mother were provided with the nourishment supplies and maternal kits. The nourishment supplies were distributed to pregnant women above 7 months and lactating mothers below a year. Along with nourishment supplies various other basic items were also distributed among women. The nourishment supplies included sprouted beans, lentils, thyme seed, sesame seed, mustard oil, infant formula and general supplies consisted of baby clothes, reusable diapers, milk bottle, toothbrush, toothpaste, bucket with jug, mosquito net, maxi, sanitary pads, antiseptic liquids and antiseptic soap bars.



Temporary Health post rebuilding project

ANMF has promised to support Health and Development Society Nepal (HDSN). HDSN proposes to build temporary health post shelters at Lalitpur, Kathmandu, Nuwakot, Sindhupalchowk, Okhaldhunga, Bhaktapur, Dhading, Makawanpur, Dolakha. The overall aim of the project is to provide a transitional shelter in substitution for the destroyed health post to deliver daily health care services to the affected population of the above mentioned districts.



Fig: A shelter prototype installed at the place



Temporary Shelter project

Doctors for Habitat in collaboration with ANMF propose to build 1000 temporary shelters at Chepang basti in Gorkha. Out of which 617 has been already built and the remaining will be built very soon. Doctors for Habitat coordinated with Devanand Metal Engineering workshop and Bicky hardware for the accomplishment of the project.

ANMF Nepal projects not funded by ANMF-USA

- Construction of 70 temporary shelters at Gairi Bisauna-Deupur, Kavre in collaboration with Satyan Rajbhandari, team from UK, Sri Lankan Endocrinologist Society and other donors within Nepal.
- In the joint effort of Dr. Mridu, Marla Borkson, Dr. Prativa and Dr. Arun, the school rebuilding project is going to be initiated at Sipa Pokhare, Sindhupalchowk.

[Click this link for the pictures of temporary shelters at Gairi Bisauna-Deupur, Kavre](#)

Financial Report:

Date	Particulars	Money sent in Dollars	Exch ange rate	Money sent in Rs	Money spent out (Rs)	Remaini ng fund (Rs)
5/4/2015	Temporary shelters and tents	10000	101.4	1014000	1014000	0
5/4/2015	Village relief commodities	17000	101.4	1723800		
5/29/2015	Village relief commodities	43000	101.65	4370950		
	Total Village Relief Commodities			6094750	6182411.2	-87661.2
5/29/2015	Acute emergency relief	3000	101.6	304950	300000	4950

5			5			
	A) Acute Commodity Relief	73000		741370 0	7496411.2	-82711.2
5/4/ 2015	Community Medical Packets	15000	101.4	152100 0	1480991.38	40008.62
	B) Acute Community Medical Relief	15000		152100 0	1480991.38	40008.62
5/4/ 2015	Kanti Children's Hospital	16000	101.4	162240 0	1600000	22400
5/4/ 2015	Bhaktapur Hospital	2000	101.4	202800	208618.5	-5818.5
5/4/ 2015	Bir Hospital	20000	101.4	202800 0		
5/29 /201 5	Bir Hospital	12000	101.6 5	121980 0		
	Total Bir Hospital			324780 0	2957330.81	290469.1 9
5/11 /201 5	Dhulikhel Hospital Medical and Surgical	20000	102.4	204800 0	2000000	48000
5/11 /201 5	Model Kirtipur Hospital Medical Supply	30000	102.4	307200 0	3065380	6620
5/11 /201	Ujyalo Acute Relief	10000	102.4	102400 0	1020000	4000

5						
5/29/2015	TUTH Medical and Surgical	10000	101.65	1016500	1133712	-117212
5/29/2015	Rural Hospital	2000	101.65	203300	208962	-5662
7/6/2015	Maternal and Postnatal care(YTS)	10000	101.05	1010500	1000000	10500
	C) Acute Institutional Relief	132000		13447300	13194003.31	253296.69
7/6/2015	Temporary Shelter and Tents	15000	101.05	1515750		
7/6/2015	Temporary Shelter and Tents	10000	101.05	1010500		
	Total Temporary Shelters and Tents			2526250	1096372	1429878
	D) Acute Temporary Shelter	25000		2526250	1096372	1429878
	I) Total Acute Relief	245000		24908250	23267777.89	1640472.11
6/17/2015	Health post reconstruction	100000	101.65	10165000		
7/29/2015	Health post reconstruction	199972.5	102	20397195		

5						
	Total Health post reconstruction			30562195	7959400	22602795
	II) Total Health post reconstruction	299972.5		30562195	7959400	22602795
5/29/2015	Psychological rehab awareness	10000	101.65	1016500	638625	377875
	III) Total Psychological Project	10000		1016500	638625	377875
6/17/2015	Gairibisauna Public Health	4700	101.65	477755	424085	53670
6/17/2015	Sipapokhare Public Health	3000	101.65	304950	201160.76	103789.24
30/07/2015	Public Health education and intervention	26762.5	102	2729775	2679000	50775
	Water assessment pangretar, Sindhupalchowk				181930	
	IV) Total Public Health Project	34462.5		3512480	3486175.76	26304.24

8/17 /201 5	Possible Dolakha Health Care	99972.5	104.2	104171 34.5	10400000	17134.5
	V) Total Possible Dolakha Health Care	99972.5		104171 34.5	10400000	17134.5
8/17 /201 5	Lamjung Hospital Medical Supply	18972.5	104.2	197693 4.5	Still waiting to disbursed	1976934. 5
	VI) Total Institutional Support	18972.5		197693 4.5	Still waiting to disbursed	1976934. 5
	<i>Total</i>	708380		723934 94	45751978.65	26641515 .35
	VII) Office and other miscellaneous expenses					
	a) Other charges				531	
	b) Bank charges				3571.75	
	c) Office expenses				94600	
	d) Rent expenses				100000	
	e) Salary expenses				130000	
	f) Computer Tally				54160	

	g) Computer and laptop expenses				108630	
	h) Suman Niroula(cash in hand)				5350	
	i) Cash in hand				50000	
	Total expense				546842.75	
					Total Remaining Fund	26094672.6

Field Report Summary:

Date of visit	July 29
Place of visit	Bir Hospital
District	Sundhara, Kathmandu
Contact person	Dr. Anil Shrestha
Food /shelter given	Hygiene Kit, ORS, Chlorine tablets,

	Sarbotam Pitho, Band aids, CMP
Medical camps	–
No of destroyed house	–
No of patients seen	–
	Ceftriaxone inj.=587, Syringes= 500(3ml, 5ml), IV set=62, Gloves=250, Sterile gloves=22, Foleys Catheter=110, Urobag= 120, Alleys Forceps= 11, Artery forceps= 18, Sponge holder= 4, Scissors= 10, IV kit= 7, Male Luer lock adapter= 8, Suture= 2, Surgical gloves= 20, Miscellaneous= 11

Date of visit	July 29
Place of visit	Teaching Hospital
District	Maharajgunj, Kathmandu
Contact person	Dr. Subash Acharya
Food /shelter given	–
Medical camps	No

No of destroyed house	–
No of patients seen	–
List of supplies	Ceftriaxone inj.=570, Syringes= 500(3ml, 5ml), IV set=62, Gloves=250, Sterile gloves=22, Foleys Catheter=70, Urobag= 60, Alleys Forceps= 11, Artery forceps= 16, Sponge holder= 4, Scissors= 10, IV kit= 7, Male Luer lock adapter= 8, Suture= 2, Surgical gloves= 20

Date of visit	July 30
Place of visit	Taruka
District	Nuwakot
Contact person	Janak Sir (9808565450, 9741063238)
Food /shelter given	Hygiene Kit, ORS, Chlorine tablets, Sarbottam Pitho, Band aids, CMP

Medical camps	No
No of destroyed house	–
No of patients seen	–
List of supplies	Hygiene kit=100, ORS=900, Chlorine tablets=2500, Band aids= 500, CMP=1 + hospital supplies

Date of visit	August 19
Place of visit	Teaching Hospital
District	Maharajgunj, Kathmandu
Contact person	Dr. Subash Acharya
Food /shelter given	–
Medical camps	No
No of destroyed house	–
No of patients seen	–
List of supplies	Masks= 7 boxes 1 box= 60 pcs

Date of visit	August 17
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Place of visit	Annapurna Mandir
District	Annapurna Chowk, Kathmandu
Contact person	Shanta Dhakal
Food /shelter given	–
Medical camps	No
No of destroyed house	–
No of patients seen	–
List of supplies	Masks= 50 pieces Tents= 2 pieces

Date of visit	August 21
Place of visit	Sanobharyang, Swayambhu
District	Kathmandu
Contact person	Suraj Baskota
Food /shelter given	–

Medical camps	Yes
No of destroyed house	–
No of patients seen	–
List of supplies	Community Medicine Pack (CMP)=2, Mask=120, Chlorine tablets= 2000
Date of visit	August 21
Place of visit	Sherabazar-2, Nauthar
District	Lamjung
Contact person	Sangita Gurung
Food /shelter given	Postpartum pack, Tents
Medical camps	–
No of destroyed house	–
No of patients seen	–
List of supplies	Postpartum pack= 20, Tents= 23

Date of visit	September 3
Place of visit	Godawari mela (Godawari)
District	Lalitpur
Contact person	Raju K.C (9741002539)
Food /shelter given	Community Medicine Pack(CMP), Mask, ORS, Chlorine tablets, Band aids
Medical camps	Yes
No of destroyed house	–
No of patients seen	–
List of supplies	CMP= 3 packs, Mask= 400 pcs, Chlorine tablets= 10,000 tablets, Band aids= 500 pcs

Date of visit	October 1
Place of visit	Namche Bazar

District	Solukhumbu
Contact person	Dr. Ajay Rana(9851001326)
Food /shelter given	Community Medicine Pack(CMP), Mask, ORS, Chlorine tablets, Band aids
Medical camps	Yes
No of destroyed house	–
No of patients seen	–
List of supplies	CMP= 3 packs, Mask= 200 pieces, Chlorine tablets= 10,000 tablets, Band- Aids= 21 boxes

Date of visit	October 4
Place of visit	Paradise Readers' Academy
District	Chandragiri, Kathmandu
Contact person	Umesh Bhattarai
Food /shelter given	Mask, band-aids, gloves, chlorine tablets,

	ORS
Medical camps	No
No of destroyed house	–
No of patients seen	–
List of supplies	Mask= 120 pieces, band-aids= 5 boxes, Gloves= 100 pieces, Chlorine Tablets= 1000, ORS= 100 sachets

Challenges:

1. Ongoing Blockade, strikes and fuel shortage are some of the major challenges.
2. Redundancy in some places, lack in others.
3. Partnership with other organizations to be done effectively and efficiently.
4. Communications –need to have effective, efficient communications.
5. Prioritizing the needs.
6. Getting first hand data.
7. Following up the projects needs to be done periodically for the efficient output of the work.
8. Supervision and monitoring regarding the work to be done for approved proposals submitted by different organizations and institutions.
9. Focus on only the earthquake affected areas will neglect other post earthquake affected areas.
10. Redundancy in the commodities supplies leads to neglectfulness in the agricultural system in the villages.

11. Lack of access to roads in rural parts is the big challenge for the construction of the prefabricated health post and for the health care delivery as well as for the delivery of the commodities.