

## **Progress Reports on Maternal Health of Lactating mothers**

Nourishment, frequent meals, hygiene are the utmost necessity for lactating mother in regards to betterment of mother and child. Youth thinkers' society in collaboration with American Nepal Medical Foundation has taken initiative in providing aid to the lactating mother after the devastating earthquake that took place in Nepal on 25<sup>th</sup> April 2015 in order to ease them to a certain level.

### **Work done till date:**

- Volunteers were sent to Dhading, Rasuwa, Nuwakot to collect data of the lactating mother on 30<sup>th</sup> July 2015
- Data has been filtered
- Materials for the relief has been arranged
- Volunteers has been arranged for sending the relief material

### **Execution Part:**

Materials for the relief to the lactating mother will be dispatched on 12<sup>th</sup> August 2015 from the Youth Thinkers' Society office, Kamaladi to the allocated destinations all on the same day.

We would like to request you to send your representative to each site on the day of execution. Full report will be provided after the execution of the project.

**Data of Rasuwa, Dhading, Kavre**

S.No	Name	Age of Mother	Age of Baby
1.	Radika Ghale	22	1 year
2.	Sumina Ghale	20	1 year
3.	Sunita Ghale	30	1 year
4.	Namchamaya tamang	2	1 year
5.	Karchua tamang	48	1 year
6.	Manju tamang	19	1 year
7.	Mancha tamang	25	1 year
8.	Sancha tamang	35	1 year
9.	Devati nepali	23	11 month
10.	Maya tamang	25	11 month
11.	Dipsang ghale	39	11 month
12.	Jina ghale	18	11 month
13.	Chokti maya tamang	22	10 month
14.	Sunu tamang	21	10 month
15.	Sunita ghale	20	9 month
16.	Sita tamang	17	9 month
17.	Nabina bk	24	8 month
18.	Chesan tamang	31	8 month
19.	Sarasoti ghale	25	5 month
20.	Masino tamang	34	5 month
21.	Sukumaya tamang	24	6 month
22.	Samjhana tamang	25	4 month
23.	Maili tamang	22	3 month
24.	Prem maya tamang	15	3 month
25.	Manken tamang	26	2 month
26.	Resma tamang	16	2 month
27.	Khaphel tamang	22	22 days
28.	Rakta tamang	15	1 week
29.	Julmaya tamang	24	3 days
30.	Sunimaya tamang	20	Preg 9 month
31.	Minkumari tamang	25	Preg 9 month
32.	Maya tamang	21	Preg 9 month
33.	Yamendo tamang	30	Preg 9 month
34.	Shanty tamang	21	Preg 8 month
35.	Pasang maya tamang	22	Preg 7 month
36.	Santoshi tamang	18	Preg 7 month
37.	Sarita tamang	20	Preg 7 month
38.	Nigma tamang	20	Preg 7 month
39.	Norche tamang	39	1 year(mother dead)
40.	Tarchi ghale	30	1 year
41.	Nangsal tamang	30	1 year
42.	Sajina tamang	24	1 year
43.	Fulmaya tamang	24	1 year
44.	Juli maya ghale	20	9 month

45.	Anita tamang	27	9 month
46.	Jenisha tamang	25	8 month
47.	Binita ghale	22	8 month
48.	Chesham ghale	30	8 month
49.	Saraswoti tamang	28	7 month
50.	Usha tamang	18	7 month
51.	Sita tamang	23	7 month
52.	Mankali tamang	24	6 month
53.	Anjali ghale	30	4 month
54.	Fulmaya tamang	19	4 month
55.	Sapana tamang	19	3 month
56.	Lalmaya tamang	31	2 month
57.	Joti maya tamang	35	1 month
58.	Jyanindra tamang	22	Preg 9 month
59.	Roshi tamang	24	Preg 8 month
60.	Sancha maya tamang	24	Preg 8 month
61.	Srijan tamang	28	Preg 8 month
62.	Anita tamang	27	Preg 9 month
63.	Chun maya tamang	20	Preg 7 month
64.	Sani maya tamang	23	Preg 7 month
65.	Tekchi	29	Preg 8 month
66.	Priya tamang	19	Preg 7 month
67.	Kumara tamang	-	1 year
68.	Rohit tamang	-	1 year
69.	Barsa	-	1 year
70.	Nirajan lama	-	1 year
71.	Ranjana	-	1 year
72.	Jinayan	-	1 year
73.	Maghu	-	1 year
74.	Kripa lama	-	1 year
75.	Anjita	-	1 year
76.	Sumanta	-	1 year
77.	Kancha	-	1 year
78.	Bikram	-	1 year
79.	Sarika	-	1 year
80.	Kanchi	-	1 year
81.	Ritesh	-	1 year
82.	Jiya	-	1 year
83.	Ansika	-	1 year
84.	Ansika tamang	-	1 year
85.	Abisek	-	1 year
86.	Ranjit	-	1 year
87.	Anju	-	1 year
88.	Arpan	-	1 year
89.	Charimaya	-	1 year
90.	Susana	-	1 year
91.	Reshma	-	1 year
92.	Ram	-	1 year
93.	Jyotimaya	-	1 year

94.	Priskila	-	1 year
95.	Yastarey	-	1 year
96.	Pasang tamang	-	1 year
97.	Gome maya tamang	-	1 year
98.	Che maya tamang	-	1 year
99.	Sarmila tamang	-	1 year
100.	Kali maya tamang	-	1 year
101.	Chchu lama chale	-	1 year
102.	Yunisamaya tamang	-	1 year
103.	Asmita bhochan	-	1 year
104.	Sunmaya bhochan	-	1 year
105.	Maya	-	1 year
106.	Kanchi maya dhalan	-	1 year
107.	Dhani maya moktan	-	1 year
108.	Tirtha maya lama	-	1 year
109.	Manita lama	-	1 year
110.	Sabita waiba	-	1 year
111.	Maya lama	-	1 year
112.	Sushila waiba	-	1 year
113.	Mangali maya b.ka	-	1 year
114.	Sita bomjon	-	1 year
115.	Nir maya bomjon	-	1 year
116.	Nir maya bomjon	-	1 year
117.	Phool kumara yomjom	-	1 year
118.	Jyoti yomjon	-	1 year
119.	Pramila syantan	-	1 year
120.	Kanchi maya moktan	-	1 year
121.	Sanja maya moktan	-	1 year
122.	Sarita b.ka	-	1 year
123.	Hari maya moktan	-	1 year
124.	Kanchi maya moktan	-	1 year
125.	Sushil moktan	-	1 year
126.	Urmila sarki	-	1 year
127.	Kumara b.ka	-	1 year
128.	Januka sarki	-	1 year
129.	Sangita bhojan	-	1 year
<b>130.</b>	Prabhat tamsing	-	1 year

**Few pictures of the surveyed area:**

























