

June 24<sup>th</sup> March, 2019

To

Dr. Santosh Sapkota,  
President,  
American Nepal Medical Foundation.

Jajarkot Report

Ek Ek Paila  
Report of the 18th Free Health Service.  
March 10-12, 2019  
Venue: District Hospital  
Khalanga, Jajarkot

At the start, we would like to thank:

The local government of Jajarkot, Bheri Municipality for supporting the local logistics (accommodation and food) of the entire team.

Yeti Airlines: for extending their support for discounted air fare to Nepalgunj as part of their Sustainable Development Goals.

America Nepal Medical Foundation: for providing us a grant to conduct our activities for Jajarkot.

Individual donors: for their generosity.

Report:

Total patients: 2455  
Total cross consultation: 5918  
Pre camp cataract screening: 1800 (Feb 22- March 8, 2019)

Out Patient Department (OPD):

Dental -826

General Medicine - 811

Eye - 785

Ortho -708

Ear Nose Throat - 588

Gynecology - 510

Radiology- 486 (238 USG, 248 x Ray)

Dermatology- 462

Pathology - 312

Pediatrics - 268

General surgery - 162

**Surgery:**

Total cataract surgery - 202

Dental extractions - 160

Total ent surgery - 20

Ortho - 1

**Lab tests:**

HIV, Hbsag, Anti HCV, CBC, RFT, LFT, blood grouping and Urine routine

**Dental Awareness:**

Awareness to over 2300 people attending the health clinic.

**Pre camp screening for cataracts:**

This was undertaken from Feb 22 - March 8, 2019. A total of 1800 people were screened and 265 were referred. Among the referred, 175 attended the health service in Khalanga, Bheri Municipality, Jajarkot for cataract surgery. The screening was done in the following 14 neighboring regions by a team from Surkhet Eye Hospital.

**Jajarkot (Bheri Municipality)**

1. Bhur, Bheri Municipality, Jajarkot
2. Punma Shyahli Bazaar
3. Kudu
4. Ringla
5. Baunthana

6. Khalanga
7. Khurpa
8. Paink Swasthya Chowki
9. Arthani Swasthya Chowki
10. Tale Gaun Swasthya Chowki

**Rukum (west)**

1. Chow jhari
2. Kotgahari
3. Kholagaon
4. Nuwakot

**Team:**

1. Dr. Suman S. Thapa - Eye
2. Dr. Shakti Subedi - Eye
3. Dr. Sudhamshu KC - GM, Liver
4. Dr. Pratap S. Tiwari- GM
5. Dr. Sapana Amatya Vaidya -Gynecology
6. Dr. Richa Giri - Gynecology
7. Dr. Raj Rana - Orthopedics
8. Dr. Suman Adhikary- General Surgery
9. Dr. Leison Maharjan -ENT
10. Dr. Subhash Bhatta-ENT
11. Dr. Shrishti Shrestha -Dermatology
12. Dr. Bishnu Rath Giri - Pediatrics
13. Dr. Neil Pande - Dental
14. Dr. Binita Adhikary - Dental
15. Dr. Aquila Shreshtha -Dental
16. Dr. Krishna KC - Dental
17. Dr. Ruchi Osti - Dental
18. Dr. Amit Shreshtha- Radiology
19. Dr. Sudeep KC - Radiology
20. Dr. Srijana SK- Pathology
21. Prabhakar S. Thapa - logistics
22. Sekhar Chhetri - logistics
23. Ashish Bhattarai - logistics
24. Prajwal Aryal -logistics
25. Pradeep Banjara - logistics
26. Priyanka Singh - nurse
27. Dolkar Ghale - Sparsha Nepal
28. Shanti Tamang- Impact Nepal
29. Ek Bahadur Kunwar - Impact Nepal
30. Anisha Prajapati - Impact Nepal
31. Samjhana Khakurel -Lab Technician
32. Ramesh Neopane - Pharmacy
33. Prajjwal Adhikari - Pharmacy
34. Saroj Timilsina- Pharmacy
35. Prem Dixit- Surkhet Eye Hospital
36. Kishore Mahar - Surkhet Eye Hospital
37. Smriti Acharya - Surkhet Eye Hospital
38. Shanta Regmi- Surkhet Eye Hospital
39. Arun K. Gupta - Surkhet Eye Hospital
40. Ramesh Gautam - Surkhet Eye Hospital

41. Chabi Acharya - Surkhet Eye Hospital
42. Sushil Magar - Surkhet Eye Hospital
43. Pradeep J. Shah - Surkhet Eye Hospital
44. Surath Rawal - Surkhet Eye Hospital
45. Bardan Chand - volunteer
46. Paranjay Rana - volunteer
47. Srijana Pandey - volunteer
48. Dinesh Thapa - volunteer
49. Sanyam KC - volunteer

50. Bimal Chand - volunteer
51. Saurav Paudel - volunteer
52. Kiran Nepali - The Blue Fret
53. Shawn Pyngrope - The Blue Fret
54. John Rasin Singh - The Blue Fret
55. Mark Don Rani - The Blue Fret
56. Daniel C. Subba - The Blue Fret
57. Dr. Nisha Budha - Dental, Jajarkot District Hospital

The supporting local organizations were:

1. Jajarkot District Hospital
2. Bheri Municipality
3. Red Cross Society, Jajarkot
4. Divine Youth Club (local volunteers)
5. Pahadi Chetra Bikas Abhiyan (HRDC)
6. Nepal Police, Jajarkot
7. Armed Police Force

8. Accommodation (hotels Himalayan, Rumba and Radison)
9. Lunch by Shayam Dai's hotel.
10. Hamro paila radio station (for advertising the health service).
11. Jajarkot Youth Cricket Club

The Blue Fret entertained the public on March 14, 2019 with music after the health service was conducted.

We would like to thank the people of Jajarkot for allowing us to serve them. We would also like to thank all our collaborators and friends who have helped us conduct this service in Jajarkot.

Sincerely,



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Suman S. Thapa, MD, PhD

President, EEP