

## Summary update of 'I am a Child, not a Bride' Project

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**Month:** October, November, December 2019 and January 2020

### Summary

It took almost a month to get the confirmation from local level -Parsagadhi Municipality and one and half month to get the approval from Social Welfare Council (SWC). During this time, IRHDTC conducted induction meeting with school committee and respective child Clubs.

### Major Activities carried out:

- **Sharing Meeting with Municipality- October**

A team of IRHDTC visited project site -Parsagadhi Municipality after the selection of proposal from ANMF. During the visit, a sharing session was conducted with the deputy mayor and school representative of respective local level. Deputy Mayor along with school committee showed their willingness to implement the campaign 'I am a child, not a Bride' in Parsagadhi Municipality as the objectives of project was quite relevant with the area.

- **Induction meeting with respective school and child club- October**

Soon after sharing session with Parsagadhi municipality, an induction meeting was organized with respective school committee and child clubs where we explained about the campaign. School committee and child clubs expressed their commitment to implement the campaign effectively.

- **Formation of *Kishori Samuha* (Group of adolescent girls)- November**  
 As an outcome of Induction meeting, ten adolescent girls from each clubs were selected. Selected cadres of young and adolescent girls were informed about their roles and responsibilities. All the selected adolescent girls motivated to join the campaign as a focal person.
- **Concept sharing with social welfare council and Approval- November**  
 After getting the confirmation from Parsagadhi Municipality, a brief meeting was held at social welfare council between program officer of IRHDTC and assistant director of SWC to share about the core importance and objectives of the campaign 'I am a Child, not a Bride'. As a result, SWC approved the application after one and half month. Because of their internal issues they took longer time than we expected.
- **Manual revision and Publication- December/January**  
 IRHDTC revised and published the previous manual (2018/2019) in order to guide selected adolescent girls. Manual consist of sixteen major chapters

  - ❖ Child Marriage; Intro, Contemporary situation
  - ❖ Early marriage and Early pregnancy
  - ❖ Consequences and risk factors of Child Marriage
  - ❖ Adolescence and Menstrual health and hygiene
  - ❖ Reproductive Health
  - ❖ Pregnancy Care
  - ❖ Pregnancy Delivery Care
  - ❖ Care of Mother after delivery
  - ❖ Immediate newborn Care and Danger Signs
  - ❖ Acute Respiratory Infection (ARI)
  - ❖ National Child Immunization Schedule
  - ❖ Diarrhea /Dysentery and Nutritious Food
  - ❖ Family planning and Benefits
  - ❖ Emergency Contraception
  - ❖ HIV/AIDS and STIs
  - ❖ Effective communication and counseling based on APAC approach (Ask, Praise, Advice and Check)
- **Orientation Training to selected adolescent girls- January**  
 IRHDTC conducted a basic orientation and training to raise awareness on child marriage, rights of every child and other issues concerning the Child Protection policy. Along with this, child and maternal health centered session was conducted for the selected adolescent girls.

## Planning for the Next Month – February and March

- ❖ IRHDTC is planning to organize refresher training to the adolescent girls from Dhading. Last year, twenty girls from two child clubs of Gajuri municipality were participated in Training for girls' project. The major objective of this refresher training is to review, reinforce and upgrade participants' knowledge and skills.
- ❖ Monitoring and follow up visit has planned in February to Parsagadhi Municipality. In this visit, IRHDTC will organize a small session with selected adolescent girls of both the schools regarding their roles and responsibilities.
- ❖ Logistics Supplies to selected adolescent girls from Parsagadhi Municipality (clothing)

## Gallery:



