

**From:** Dr.Puja  
**Sent:** Saturday, May 25, 2019 9:55 PM  
**To:** 'Julia Shepardson'  
**Cc:** 'Dr.Saroj Dhital'  
**Subject:** RE: Nangi Rural Health Care proposal

Dear Julia,

Greetings from pfect-NEPAL!

My apologies for the late response. Please find the answers to your queries.

- the number of yearly patients seen
  - The very reason for the establishment of our healthcare center in Annapurna VDC is to provide healthcare services to sparsely populated remote areas in high hills which are often neglected because we strongly believe that no one should be deprived of the basic health services because of the location they choose to live in. The number of patients every year is about 1000. The total number of households in our project area is 2185. The number may not be that large but health for all is our main agenda.
- the type of patients
  - Respiratory diseases such as COPD/Viral Infections
  - Dermatological disorders like fungal infections and eczema
  - Trauma cases – occupational (labor works) injuries, fall injuries
  - Muskuloskeletal diseases – back pain , arthritis , soft tissue abscess
  - Gastrointestinal diseases – Acid peptic disease, parasitic infestations, cholelithiasis
  - Alcohol associated disorders
  - Somatoform and depressive disorders
- disease patterns
  - Patients often come with acute symptoms such as diarrhea and respiratory tract infections. However, patients with chronic diseases like diabetes and hypertension are significantly increasing in number like in the rest of the world.
- They would like specifics about the existing structure (maybe photos of the building).
  - Please find the [attached file](#).

Please let me know if there is anything else.

Warm regards,  
Puja