



Budget Break Down Of Menstrual Cup Programme-Second School

{Shree Nispaksha Higher secondary school, Humdi, kaski (NEW School)}

| <u>S.No</u> | <u>Particulars</u> | <u>Cost in USD</u> | <u>Remarks</u> |
|-------------|--|--------------------|---|
| <u>1.</u> | Cost of trainer 100 USD X 2 Doctors X 1 day 50 USD X 2 Teachers X 1 day | 300 | Trainer will Gynecologist and teachers from previous school-2hrs |
| <u>2.</u> | Cost of training hall 100 USD X 1 day | 100 | Government training centre |
| <u>3.</u> | Tea and snacks for trainee and faciliator | 50 | Tea, snacks , Soft drinks |
| <u>4.</u> | Transportation cost to volunteers 5 USD x15 volunteers | 75 | Nurses, Social workers, School Teachers(Six volunteers) |
| <u>5.</u> | Cost of menstrual Cups(Ruby Cup Pink) 25 USD per piece and Booklets X 200 girls 19 ml Material:Silicone Length: 46 mm Diameter: 40 mm Ruby Cups are made from 100% medical-grade, | 5000 | Ruby Cup Pink Menstrual Cup-19 ml, (Cost at present) |
| <u>6.</u> | Transportation Cost to visit school 100 USD per day X 3 visits | 300 | One Jeep ;round trip |
| <u>7.</u> | Refreshment on day to school 100 USD per day X 2 visits | 200 | Breakfast,Lunch,Tea ,Tiffin to volunteers, teachers and students |
| <u>8.</u> | Salary of Manager for project 300 USD per month X 1 person X 6 months | 1800 | He/she will arrange dates and visit to school by trainee and volunteers |
| <u>9.</u> | Cost of preparing Report (Includes paper work, posters, report writing and follow up). | 300 | Printing work |
| <u>10.</u> | Communication Cost | 50 | Telephone cost |
| <u>11.</u> | Certificate and award to volunteers 10 USD x 15 Volunteers | 150 | Appreciation gift.token and certificates |
| <u>12.</u> | Miscellaneous cost | 200 | Gasoline for bike ,T-shirt to volunteers etc |

Grand Total ; USD 8,525 (Exclusive of Government tax)