

# **SUMMARY REPORT OF TELEMEDICINE/TELEHEALTH PROJECT**

**Feb 2nd, 2021**

## **About ASK FOUNDATION**

ASK Foundation has been involved in providing telemedicine service in many rural parts of Nepal since a decade ago. ASK Foundation is not sparing any effort to tackle all difficulties and constraints to continue providing telemedicine to existing centres as well as to expand services to new centers all over the country. Not only has it further strengthened the previously run centers but has also incorporated the lessons learnt from the past to execute more efficient plans.

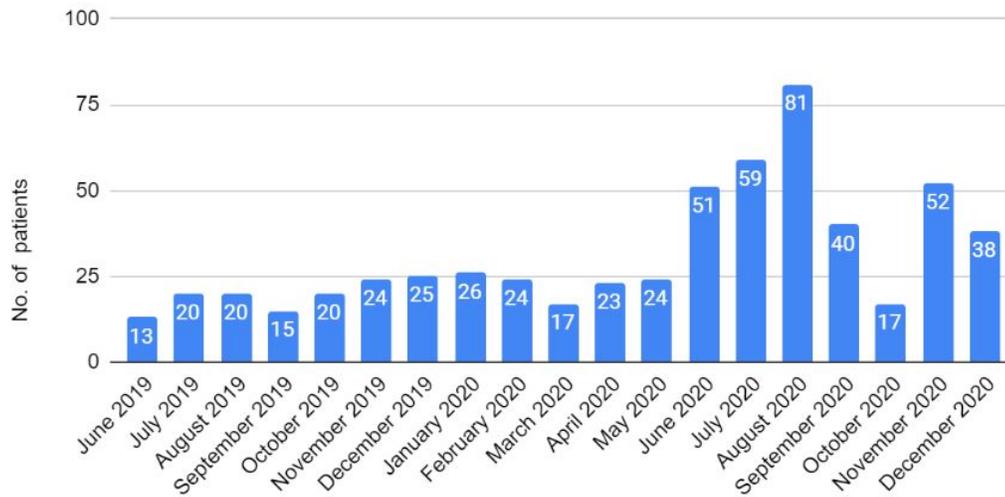
The newly promulgated Federal constitution of Nepal has been a challenge, and ASK foundation has used this as an opportunity to collaborate with new partners. The scope of work has widened on a National level and the organization has explored newer modalities to sustainable impact.

Despite setbacks of few centers being closed due to lack of both sustainability and impact, the organization has made tremendous gains in matters of collaborating with the newly elected local bodies at various sites of rural Nepal and opening up new centers in the areas where telemedicine could make a great impact in the life of local people. Previous years' effort of networking with Local Resource Personnel has finally paid dividends.

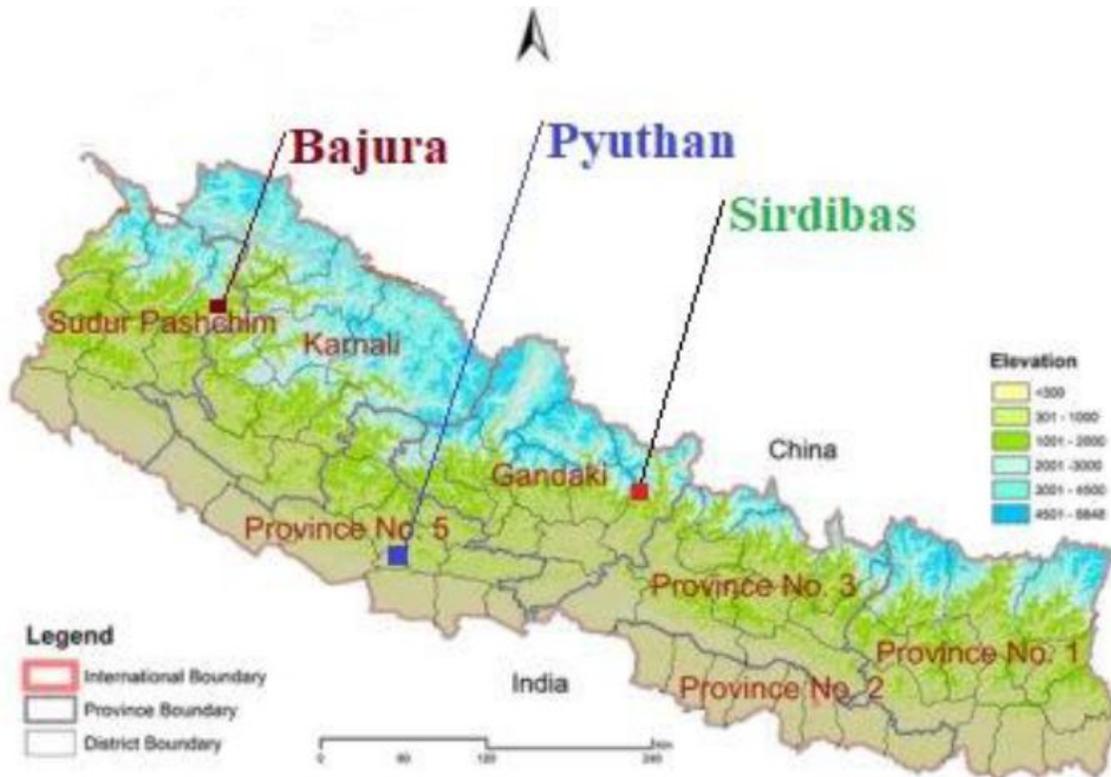
Telemedicine Service to 5 remote centers of Nepal

Total 337 patients were consulted in the last seven months. Dedicated medical officer was assigned to provide the telemedicine support to, DhubangHealthpost, and Puranthati Healthpost of Airawati Gaupalika, Pyuthan, Sirdibas Healthpost, Tsumnumbri of Gorkha, Jagannath Healthpost, Bajura.

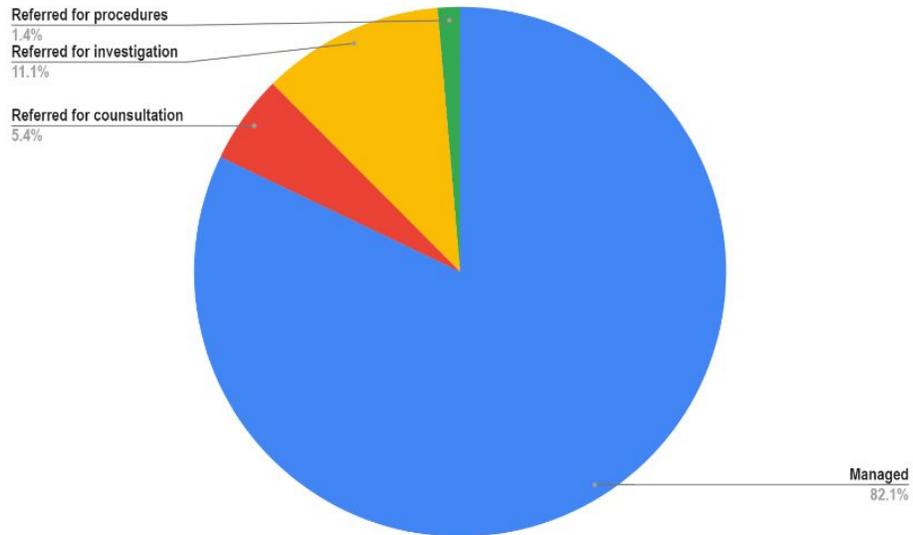
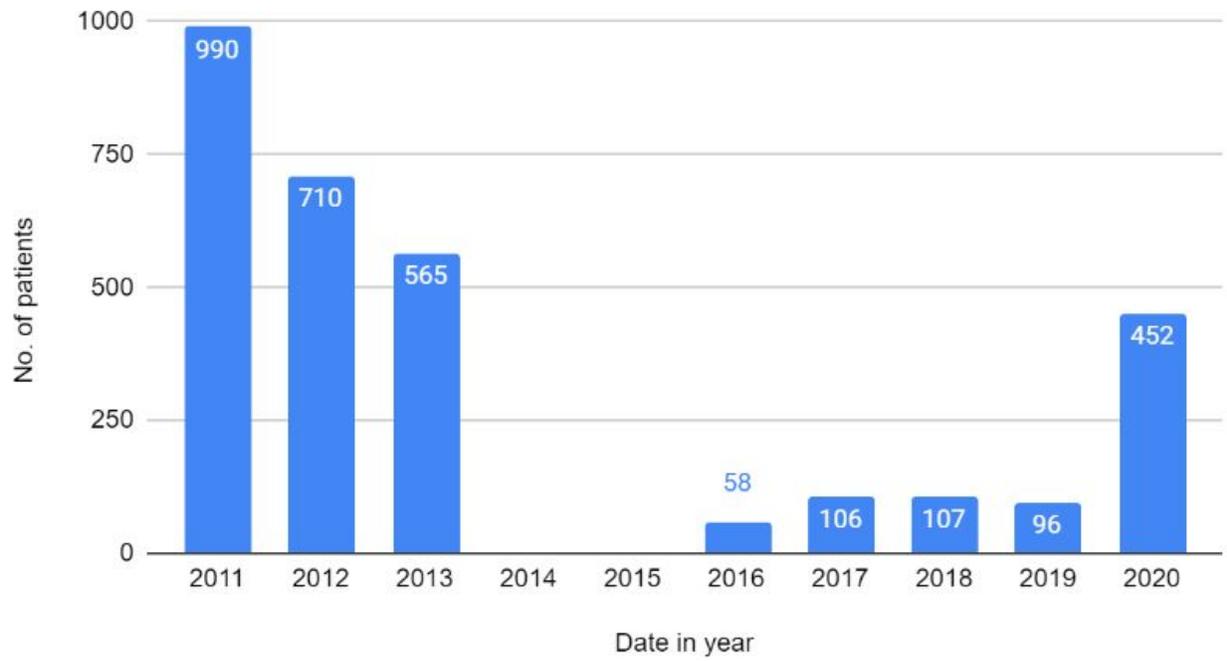
## Month-wise patients' attendance at telemedicine centers



## Regions we supported with telemedicine



### Year wise telemedicine service



## **Home Isolation care for Healthcare workers in Nepal**

Nearly 30 healthcare workers from various institutes and those who are working in healthcare institutions like, Annapurna neuro hospital, Manmohan memorial medical college, Dhulikhel Hospital, etc.were provided with Home isolation tele consultation service, out of which, most of them were nurses, few were doctors and pharmacists and janitors.

## **Tele-ICU service to hospitals**

ASK foundation in collaboration with ANMF and its resources provided Tele- consultation to Doctors who are managing covid cases in various covid hospitals for around 4 weeks. Such covid hospitals and the healthcare workers were also trained by experts. The information system was recorded by ASK nursing staff and coordinated with hospitals and experts.

List of hospitals with COVID-19 Tele-ICU support

1. Narayani sub regional hospital
2. Janakpur provincial hospital
3. Seti zonal hospital

### Tele- ICU support providers :

Dr. Navin Kaini, MD

Dr. Raju Bishwakarma Century, MD

Dr. Lokendra Kumar Thakur, MD

Dr. Samir Chandra Gautam, MD

Dr. Upendra Kaphle,MD

Dr Prabhat Adhikari, MD

### Doctors who received the Tele-Icu support at local site

Dr. Sandeep Jha

Dr. Krishna Kumar Yadav

Dr. Bipin Yadav

Dr. Ashok Jha

Dr. Madan Upadhya

## **News coverage**

[Nepal Post](#)

## **Telemedicine support to Sano Paila**

Sano Paila has been providing free telemedicine support to Nepalese communities around province 2, which has been supported for higher level discussion and consultation by ASK foundation. ASK pool of consultants supported telemedicine service run by Sano Paila.

## **News Coverage**

[Yatradaily](#)

## **COVID ICU Bed Management in Kathmandu**

ASK foundation have created a forum, in viber of consultants and doctors, to share the available ICU beds for covid patients. The number from ASK foundation was shared in social media and for daily bed availability was undated in the excel and whoever was looking for beds were coordinated by sharing the information of available beds in Kathmandu valley.

## **Future plans:**

1. At least once a week consultants services (Internal Med, pediatrics, psychiatry, dermatology and gynecology) care
2. Addition of resources at local sites and incentives
3. Expansion to other local sites for telemedicine

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