



A Report

On

Ensuring health and well-being for the beneficiaries of Maiti Nepal

Reporting period: July 2021 to February 2022

Submitted by:

Maiti Nepal

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1. General background

Every year more than 12000 persons are trafficked from Nepal and about 150,000 are at risk of being trafficked (*ILO*). The COVID pandemic has exacerbated the risks and put many women and children from poor, marginalized and deprived communities into physical, emotional, and mental hazards. As Maiti Nepal has been providing health services to hundreds of children and women who have survived violence and exploitation, it is estimated that the number will rise in the aftermath of the coronavirus pandemic.

Hundreds of children and women who arrive and live in Maiti's shelter homes benefit from the health services being delivered by the PHC (Primary Health care Center) and Hospice. These children and women have various sorts of medical needs which in such a stressful time of COVID pandemic cannot be met from the regular funding streams.

Thus Maiti Nepal partnered with America Nepal Medical Foundation to serve these beneficiaries to meet the gap of medical expenses. The project supported medicine, treatment and any doctor consultation expenditure incurred during the health service provision. During the reporting period project period, the girls/women staying in Women Rehabilitation Centre and Hospice were provided required medicines as prescribed by the doctors. It has not only helped to maintain health but also supported the reintegration process.

2. Target Beneficiaries:

- Children, girls and women who have survived violence and exploitation from the poor, vulnerable, marginalized, deprived and disadvantaged communities of various trafficking prone districts of Nepal.
- Girls and women staying in Maiti Nepal's Hospice and Women Rehabilitation Centre

3. Goal

To ensure the health and general well-being of children and women at Maiti Nepal.

4. Major Achievement

During the project period, the project provided medicinal support to over 200 beneficiaries residing in the shelters. Regular health check-ups with timely medical support significantly helped the girls/women maintain their health. Better health means better psychological wellbeing.

Similarly, this time the cost of treatment came down because Maiti Nepal succeeded in partnering with Kathmandu Medical College (KMC). KMC has decided to provide free health-check facilities including the available pathology services and hospitalization for one year. Thus, we only have to pay for the medicines that lowered the expenditure.

During the reporting period, the project provided medicines to 32 women of hospice Gokarna, 137 children of CPC, 35 women of Women Rehabilitation Service as and when required. Those who were admitted to the hospitals were also provided with the medicine under this project although all the hospitalization, pathology services and doctor fees were waived by the Kathmandu Medical College.

5. Financial Report Summary:

The following table depicts the expenditure incurred during the project period. As we have already mentioned in the narrative, the expenditures incurred in this report is medicines for both Maiti Nepal Clinic and Hospice. The other expenditures (e.g. doctor's fees, pathology, hospitalization etc.) have been covered by Kathmandu Medical College, as per our partnership agreement.

Table 1: Income and Expenditure Summary (Upto February 2022)

Particulars	NPR	USD
Total fund received	830,062.50	6,990.00
Expenditure up to February 2022	274,575.00	2,312.21
Fund balance	555,487.50	4,677.79

Please note the detail report has been attached in the excel sheet separately.

6. Photos



Figure 1: The girls/women getting treatment during the isolation



Figure 2: Blood sample being taken form the WRC beneficiaries



Figure 3: The beneficiaries getting medicine



Figure 4: Staff Nurse measuring the blood pressure in the process of examination



Figure 5: Health Person examining the child health of MN Clinic



Figure 6: Staff Nurse arranging the files of clinic



Figure 7: Medicine Cabinet