

ANMF Grant Application

Thursday, April 20, 2023 01:01

Organization Information

Organization Name	Integrated Rural Health Development Training Center Nepal
Street Address	
City/Town/Village	Kathmandu
District	Kathmandu
Website	https://irhdtc.org.np/
Social Welfare Council (SWC)	Registered
Organization Director	Ram Bhandari
Contact Person	Dharma Raj Rimal
Title	Communication Focal Person

Organization Mission

To build the individual and institutional capacity to create effective health and population development policies and programs. We seek to develop cadres of highly skilled and motivated health professionals, service providers, academicians and policy leaders for individual and organizational progress and development.

Organization Description

Integrated Rural Health Development and Training Center Nepal (IRHDTN) is a service oriented organization established in 1999. After working for almost 12 years in the health sector development, in 2011, IRHDTN registered as a non-governmental organization at the Social Welfare Council Nepal. The organization was initiated by experienced public health managers, policy makers, medical personnel, and academic leaders engaged in the field of public health and development who are living in Nepal and abroad.

We partner with government agencies, donors, CBOs and provide technical assistance to strengthen health systems. IRHDTN areas of expertise are designing health programs, conducting research, carrying out evidence based advocacy, designing and developing training packages and also conducting technical trainings focusing on maternal and child health, family planning, HIV/AIDS, behavior change communication and adult learning model. Further, IRHDTN also focuses on policy analysis, strategic planning, and program management and evaluation.

For the last 20 years, the organization has designed and implemented innovative health projects that are easy to scale- up and that focus on improving service delivery mechanism and behavior change in low-income settings. Even though we have worked and supported several health sector initiatives, our primary strength is designing and delivering training programs and packages. We specialize in capacity building and skills enhancement of human resources including doctors, nurses, health assistants, community health workers, who directly or indirectly contribute to the health of Nepali citizens.

Through collaborative efforts of experts, academicians, and like-minded institutions, IRHDTC has significantly contributed in strengthening government's technical, and leadership competencies and capabilities in delivering quality and equitable health programs.

Currently, IRHDTC is working with Stanford University, CA with the support of Gates Foundation, on **Assessing gut microbiome development in infants across a spectrum of**

human subsistence in Chitwan, Parsa, Kavre, and Kathmandu Valley. This study aims to assess how lifestyle influences gut microbiome development and persistence

in children and functionally characterize the gut microbial strains that are important for children's health.

Population Served

Project Information

Project Title	I am a Child not a Bride – Phase II
Project Location	Parsagadhi Municipality, Parsa District, Madesh Province
Total Project Budget	14,655
Grant Request	14,655
Conversion Rate	128
Project Start Date	July
Project Duration	1 year

Project Summary

The IRHDTC has previously implemented the "I am a Child, not a Bride" project with the support of ANMF and in collaboration with the Parsagadhi Municipality. Despite facing resource constraints, the project achieved notable successes, and a comprehensive report was submitted at the time. Building on the

achievements of the previous project, we have developed the second phase of "I am a Child, not a Bride" to ensure that the work continues in addressing the critical issue of child marriage in the region.

Project goals

o increase access to sexual and reproductive health services for adolescent girls in Parsagadhi Municipality

To enhance knowledge and awareness among adolescent girls on topics related to sexual and reproductive health, including family planning and safe sex practices.

To empower adolescent girls to make informed decisions regarding their sexual and reproductive health through targeted education and skills-building interventions.

To engage community stakeholders, including parents, religious leaders, and educators, in promoting positive attitudes and behaviors toward adolescent sexual and reproductive health

To sustain and build upon the achievements of the previous "I am a Child, not a Bride" project, with a focus on improving the health and well-being of adolescent girls in the target area.

Why project is needed

The Government of Nepal, with support from UN agencies and Girls Not Brides Nepal, has developed a National Strategy to End Child Marriage. However, the strategy launch has been delayed due to the 2015 earthquake, and the timeline for implementation remains unclear. Nepal has also committed to ending child marriage by 2030, in line with the Sustainable Development Goals.

Child marriage remains a significant issue in Nepal, with the country having [the second-highest rate](#) in South Asia after Bangladesh.

The practice affects girls' education and puts them at risk of violence and early childbirth, among other consequences.

Despite a national strategy to eliminate it, efforts have fallen short, with child marriage rates remaining high in certain areas. To tackle the problem, more awareness-raising

and education is needed, particularly targeting parents and adolescents. Empowering girls through education and life skills may also help prevent child marriage. However, it requires a sustained effort from schools, local bodies, parents, and concerned authorities.

In the Madhesh Province region, girls face significant challenges in achieving the targets of Sustainable Development Goals (SDGs) 3, 4, 5, and 10 due to various factors.

These include a lack of access to essential resources and means, limited opportunities for participation in local-level programs, and insufficient leadership development programs tailored to their needs. As a result, the effective implementation of these SDGs has been hindered for girls in the region.

We have prepared this proposal after comprehensive discussions with the concerned bodies of various sectors in Parsagadhi municipality. These stakeholders have emphasized the importance of addressing the identified issues and have expressed the need for targeted interventions to be implemented in the region. As a result, the project proposal has been developed with the goal of addressing these concerns and promoting sustainable development in the area.

SDG 3: Good Health and Well-being

Ensure healthy lives and promote well-being for all at all ages.

Reduce maternal mortality and end preventable deaths of newborns and children under 5.

SDG 4: Quality Education

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

Ensure that all learners acquire the knowledge and skills needed to promote sustainable development

Build and upgrade education facilities that are child, disability and gender sensitive and provide safe, non-violent, inclusive and effective learning environments

SDG 5: Gender Equality

Ensure universal access to sexual and reproductive health and reproductive rights.

Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making.

SDG 10: Reduced Inequalities

Adopt policies,

especially fiscal, wage and social protection policies, and progressively achieve greater equality