

### Timeline of the MHL project

Activities	2023					2024						
	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	July
Team Building: MHL radio team comprising of NIOMH staff, content developers, advisory team, broadcast team, Radio listener's group and facilitators												
Focus group discussion review needs and refine content. Project awareness building sessions												
Mental Health topics Content Development												
Interactive 30 minutes long radio show aired every 2 weeks for 5 months.												
Running Active Radio listener's group to facilitate discussion on topics												
post-intervention assessment, program evaluation												
Report completion												

## **BUDGET**

The grant will mainly pay for planning, designing for Phase 1 and implementation of Phase 2 i.e., running of radio shows and concurrent interventions in active radio listener's group.

Total Grant Budget amount -18500 USD

Following are the projected cost topic items and expected to be **paid by the grant (17000 USD)**

- Production of 30 minutes radio program times 10 shows paid to the FM station
- Broadcasting and re-airing time cost at radio station for 10 shows (5 months)- 20 radio slots
- Focused group discussion meeting cost (times 2)
- Project awareness dissemination cost
- Costs for Training the counselors running the active radio listener's group
- Stipend for counselors
- Incentives for Active Radio listener's group participants
- Program Operational costs
- Planning, monitoring, evaluation cost
- Part time Project coordinator cost
- Technical Advisory consultation cost
- Cost of radio program host, stipends for content writing

### **NIOMH covered expenses ( 1500 USD)**

- Stipends for expert guests
- Stationery, travel and communications cost

When will this work begin and end? Projected dates  
August 15, 2023, till July 30, 2024 (12 months)